



# YOUR DOG'S FOOD AND EXERCISE TRACKER

	TIME OF DAY	FOOD GIVEN	TREATS GIVEN	ACTIVITY
Sample	8:00 a.m.	½ Cup happy dog Light Food	Gave 1 Lean Treat after each bathroom visit. (8 trips total.)	Took for 2, 15 minute walks. Played fetch for 15 minutes.
SUNDAY				
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
SATURDAY				