



YOUR CAT'S FOOD AND EXERCISE TRACKER

	TIME OF DAY	FOOD GIVEN	TREATS GIVEN	ACTIVITY
Sample	8:00 a.m.	1/4 Cup Happy Cat Light Food	Gave 2 treat after feeding in the morning, and 1 treat before bed.	Played with laser pointer for 10 min. Had Fluffy search for cat food around the house.
SUNDAY				
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
SATURDAY				