

New Patient Agreement

Below is a list of ideas and recommendations to aid you in the success of your orthodontic treatment. Good luck, you will be great! If you have any questions, please be sure to contact our office

_____ **HOME CARE KIT:** We have provided you with everything you will need to keep your new braces clean. If you need extra supplies, please feel free to ask us. You will have to BRUSH TEETH THREE TIMES A DAY minimum! It's best to brush after each time you eat or snack. Braces are "food catchers" and food will get stuck in your braces and sit on your teeth until you brush them. So remember to brush.

_____ **PROXY BRUSH & FLOSS THREADER:** The proxy/interdental brush is used to clean those hard to reach places and should be used under the wire. The floss threader is for you to use every day in order to make flossing easier. Be sure to perform a thorough inspection of your braces and make sure all the food and plaque has been removed.

_____ **FOOD LIST:** Please post on your refrigerator to remind you what foods to avoid.

_____ **WAX:** Wax is used to place over anything that is poking, scratching or rubbing against your cheeks or lips. Dry the area that is bothering you and place the wax. This will keep you comfortable until you get a chance to come into the office. In case of an emergency, major drug stores carry orthodontic wax. You may ask us at any time for more wax.

_____ **DISCOMFORT:** There may be a dull achy sensation after getting your braces on and after each adjustment appointment. You can take whatever you normally take for headache or muscle ache (Motrin or Tylenol).

_____ **BREAKAGE: NOTIFY THE OFFICE:** Should you brake a bracket, band or wire, please call the office so that we may schedule an appointment to repair your braces. This will keep your treatment on track.

_____ **EMERGENCY: PAIN/SWELLING/INJURY:** Please contact our office in case of an emergency. An emergency consists of extreme pain, swelling or injury.

_____ **APPOINTMENTS:** It is imperative to keep you regularly scheduled appointments with our office. Excess cancellations can prolong you orthodontic treatment.

Please call us with any questions!

Signature