



Quad Helix

The Quad Helix is an appliance designed to widen your jaws to create space for the alignment of your crowded teeth. It is attached to your molars by two bands and has four active helix springs that widen the arch of your mouth.

The helix is activated prior to cementation and will be adjusted as necessary throughout your treatment. There is a short adjustment period and speech may be temporarily affected, you may have some discomfort too. Special attention to brushing is required with this appliance and you have to make sure that you brush thoroughly after every meal.

If an imprint appears on your tongue from this appliance, don't get alarmed, this is normal. Do not use your fingers or tongue to play with your Quad Helix it can affect treatment or break your appliance

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