

## SEDATION INSTRUCTIONS

Your appointment is scheduled for: \_\_\_\_\_

Below are a few important instructions and reminders:

You should not drink any alcohol or caffeinated beverages for 24 hours prior to and 24 hours after your appointment.

You should not drink any grapefruit juice or grapefruit product for 7 days prior to your appointment.

You should not eat or drink anything for 12 hours prior to appointment. Do not take any medication unless approved by the doctor.

The night before your dental appointment take the medication prescribed to help you sleep- one hour before bed.

Have your companion bring you to the office at \_\_\_\_\_.

We suggest that you wear comfortable clothing.

**ABSOLUTELY NO DRIVING YOURSELF!**

Please call 401-273-6161 if you have any questions or concerns.