



PROFESSIONAL ENDODONTICS, Inc.

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INFORMATION CONCERNING YOUR TREATMENT

NONSURGICAL ROOT CANAL TREATMENT

1. Most patients will experience mild pain or discomfort following root canal or root canal retreatment procedures. This is a common result from the procedure and most often resolves within a week. Occasionally, moderate to severe pain with and without swelling can occur. If you have pain that does not respond to the medications prescribed, please call our office.
2. Because we needed to make an opening in your tooth to perform the procedure, your tooth is more susceptible to fracture (cracking). Therefore, it is advisable to avoid hard and crunchy foods until your general family dentist places the permanent restoration.
3. Take all medications as prescribed. If you are on oral contraceptives, use an additional form of birth control during your course of antibiotics and for one month following the completion of your antibiotic regimen.
4. You should follow up with your general family dentist within one month to have a permanent restoration placed. Failure to do so may compromise the success of the root canal procedure.
5. It is advisable to rest as much as possible after the procedure, however you may return to work. Exercise should be minimized for a few days following the procedure.
6. Use warm salt water rinses (1 teaspoon salt to 1 cup of warm water) as much as possible if an incision was made during your appointment.