



PROFESSIONAL ENDODONTICS, Inc.

Philip L. Michaelson, M.S., D.M.D.
Diplomate, American Board of Endodontics
8401 Chagrin Road, Suite 20 A
Bainbridge, Ohio 44023
Phone (440) 708-2850
Fax (440) 708-9864

INFORMATION CONCERNING YOUR TREATMENT

SURGICAL (APICOECTOMY) ROOT CANAL TREATMENT

1. Today we have performed an apical (root end) surgery on the affected tooth. It is common to experience mild pain or discomfort following surgery. This is a common result from the procedure and most often resolves within two weeks. Occasionally, moderate to severe pain with and without swelling can occur. If you have pain that does not respond to the medications prescribed, please call our office.
2. We will remove the sutures in approximately 3 to 7 days.
3. Apply a cold pack with pressure to the treated area for 20 minutes on, then 10 minutes off for a minimum of 2 hours during the day of surgery. Utilizing a cold pack as much as possible during the first 24 hours following surgery will minimize swelling following the procedure.
4. Warm rinses, foods, drinks, or compresses are not appropriate therapies for the first 24 hours following surgery.
5. After the first 24 hours, warm salt-water rinses (1 tsp. salt in 8 oz.) of warm water can help keep the area clean. Place the warm salt water in your mouth and hold in without swishing as long as possible. Then, gently let the water trickle out of your mouth.
6. Do not spit or suck on a straw for the first 72 hours following surgery.
7. Take your medications as prescribed.
8. While eating, keep food away from the surgical area as best as possible. Twice daily (morning and night) swab the surgical area with a Q-tip soaked in Peridex mouth rinse. You will be given a prescription for Peridex mouth rinse.
9. If excessive bleeding or oozing persists from the surgical site, you can place a wet gauze pad or wet "regular" tea bag in the area of 30 minutes to stop any bleeding. If bleeding persists, please call the office.
10. It is advisable to rest as much as possible after the procedure, however you may return to work. Exercise should be minimized for a few days following the procedure.