

### **Bone Graft Post Operative Instructions**

1. No rinsing for 24 hours.
2. You may periodically experience sand like material in your mouth for the first week. This is normal.
3. A resorbable membrane and/or a plaster cap may be placed over the extraction site. If the membrane appears, do not remove it; just keep the area clean with Peridex. You can dab the actual extraction site with a Q-tip dipped in Peridex and use the soft surgical brush along the teeth. If the plaster cap comes out within the first two or three days and you can see bone graft material (sugar-like granules) please contact our office and Dr. Ferguson may have you come in to have it replaced.
4. Avoid smoking.
5. Dr. Ferguson may prescribe an antibiotic. Take the prescription to completion.
6. A calcium supplement is recommended. Take 1000-1500mg daily for 6 months.
7. Further postoperative instructions will be reviewed at the suture out appointment.

---

Protect more than your Dental Health • ***Protect your Total Health!***