

### **ARESTIN POST CARE INSTRUCTIONS**

Arestin is an antibiotic (minocycline) that is gently placed into your gum pockets where bacteria thrive. It contains minocycline microspheres that are slowly released for a period of ten days.

Follow these instructions for home care after Arestin treatment:

- Do not brush or floss the treated area for ten days.
- Apply Listerine (or prescribed mouth rinse) to area with the soft brush provided three times daily.
- Avoid chewing around the area, if possible, for ten days.
- Do not eat hard or crunchy foods, or foods that contain husks or seeds for 10 days.
- You may experience some slight discomfort. Over the counter Ibuprofen or Tylenol should be all that is needed to take for pain. Please contact Dr. Ferguson should you have any increased discomfort.
- **After ten days, brush and floss normally.**
- It is important to follow the periodic maintenance schedule that Dr. Ferguson has recommended.

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Protect more than your Dental Health • ***Protect your Total Health!***