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Instructions for Patients Prior to Oral Conscious Sedation

Eating and Drinking

It is extremely important that patients have an empty stomach prior to anesthesia. For this reason, adults and teenagers are not to have **anything** to eat or drink for **six (6)** hours before their scheduled appointment. If you have a morning appointment, do not eat or drink anything after midnight.

Change in Health

A change in health, especially the development of a cold or fever, is extremely important. Please notify this office if there is any change in your health status.

Medications

Prescription medications should be taken as scheduled with a sip of water unless otherwise noted by this office. Please inform this office of **all** the medications you are **currently taking** and have taken **within the last two (2) weeks**.

Clothing

On the day of the surgery, it is suggested that you wear loose fitting clothing and comfortable shoes. Please remove nail polish if possible. Contact lenses must be removed prior to anesthesia. Leave all valuables at home.

Designated Driver

A responsible adult must accompany any patient to the office and remain there during the procedure. Do not take a taxi or bus. Arrange to have a responsible adult spend **at least** four (4) hours with you at home after your anesthetic.

Please contact this office if you have any questions.