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Inside this issue:

More Money! 1

One dental plan is making major changes. Are you affected?

Scan our QR code 1

Healthy Mouth, Healthy You! 2

See the mouth-body connection in a whole new way.

Check-In with us! 2

Find out where to show your love online!



Patient Connection

June, 2013

Commercial Spotlights Whole Body Health Clues

Have you seen the new Virginia Dental Association television commercial? The media promotion is exciting to everyone in the Tidewater Dental community as it is helping us share the message of good oral hygiene! The “Want a healthy body? Start with a healthy mouth” campaign aims to educate young and old about the links between oral and overall health.

“Many people are shocked that oral and overall body health are so closely connected. Diabetes, heart disease, cancer, the list goes on,” says Dr. Mary Dooley.

Dr. Dooley and the Total Care Dentistry staff are part of the VDA’s online campaign. We will soon be featured on the VDA’s Facebook and web pages! We’ll be sure to share the link, just like us on Facebook.

Oral symptoms are often times precursors to other health problems. Check out page two of Patient Connection to find out how your mouth can clue you in to what’s going on in other parts of your body!

Benefits Increased, Extended for Delta Tricare Retirees

Good news for Delta Dental Tricare Retiree Dental Program patients! Your benefits have increased for this contract year.

The Department of Defense recently announced that the fiscal year contract is being extended to December 1, 2013. Benefits will increase from \$1,200.00 to \$1,500.00 for the period. A new calendar year Tricare plan will take effect January 1, 2014.

The current plan was set to renew again September 30th.

The change means benefits could be available to many patients delaying services because of the lower max.

If you have already reached your maximum allowance with Delta TRDP we will resubmit any claim than could be affected at your request.

Remember, routine oral hygiene care and qualified necessary x-rays do not count against your maximum.



Crown Contest Answer

Last month we asked patients if they could find the crowns in this gentleman’s mouth. *No one* got it right!

We’d be lying if we said we were sad. Why?? It’s a testament to the quality of work we see every day here at Total Care Dentistry!

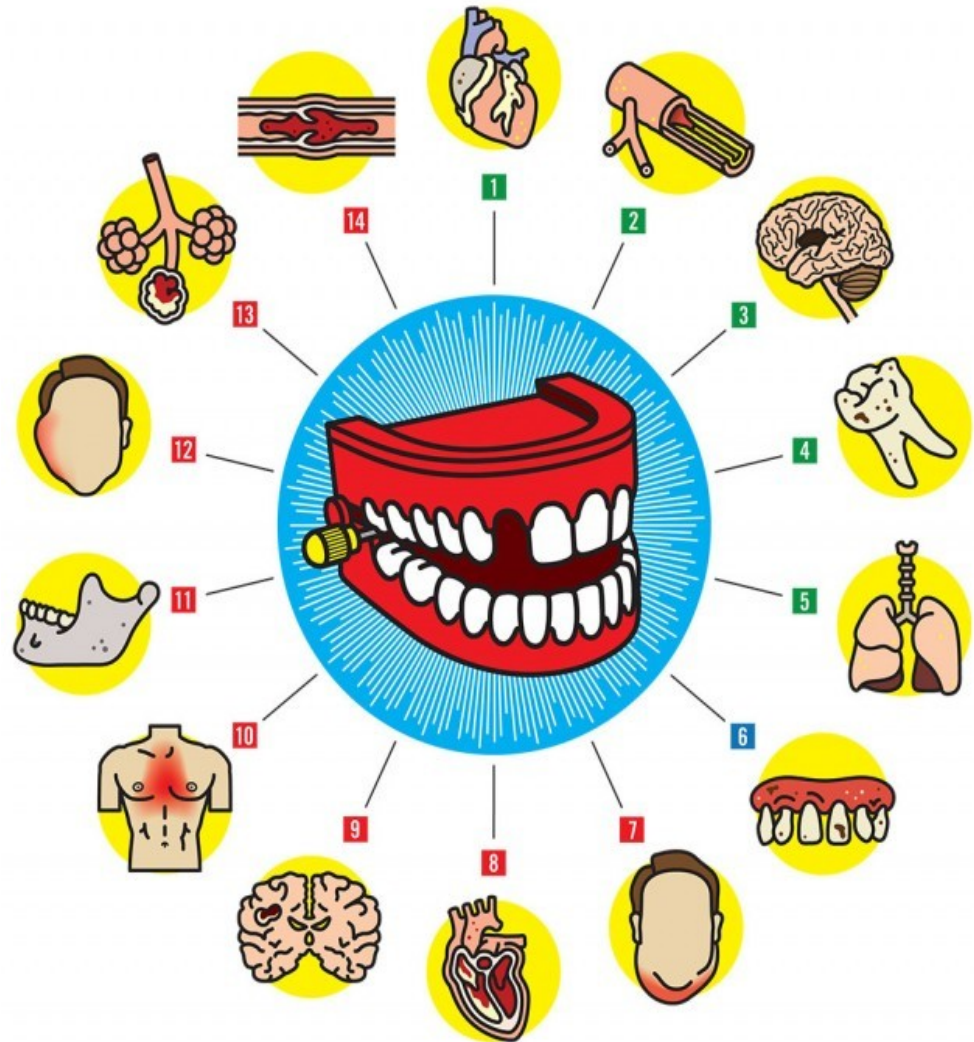
Dr. Mary Dooley is proud to deliver undetectable crowns to patients, making them smile time after time! Here’s our patient’s before and after photographs with the two crowns marked.

Now, how can we help you smile?



Take Care of Your Teeth and They'll Take Care of You

- Bad dental hygiene isn't just bad for your teeth; it can harm your entire body. Most people already have chronic gingivitis by the time they're children, so keep flossing and brushing to prevent the onset of these 14 bad-dental-hygiene-induced ailments.



1. HEART DISEASE

Includes conditions such as coronary heart disease, congenital heart disease, heart attack, and congestive heart failure

2. CLOGGED ARTERIES

A build-up of plaque on the inner walls of the arteries. Arterial plaque reduces blood flow or can block it altogether

3. STROKE

A stoppage of blood flow to the brain, causing brain tissue to die

4. TOOTH LOSS

The loss of teeth due to gum disease and tooth decay

5. RESPIRATORY DISEASE

Includes disorders affecting the lungs, such as asthma, chronic obstructive pulmonary disease, infections, lung cancer, and many other breathing problems

6. SEVERE GUM DISEASE

An infection of the tissues and bones that surround and support the teeth

7. LUDWIG'S ANGINA

A bacterial infection of the floor of the mouth

8. ENDOCARDITIS

An inflammation of your heart's inner lining

9. BRAIN ABSCESS

A collection of immune cells, pus, and other material in the brain, usually from a bacterial or fungal infection

10. MEDIASTINITIS

An inflammation of the mediastinum. This is the area that contains the heart, large blood vessels, windpipe, esophagus, thymus gland, lymph nodes, and connective tissues.

11. OSTEOMYELITIS OF THE JAW

An acute or chronic infection of the jaw bone

12. FACIAL CELLULITIS

A bacterial skin infection of the face

13. PNEUMONIA

An inflammation of the lung that involves fluid filling the air sacs

14. SEPSIS

An overactive immune response to an infection that results in the formation of blood clots that block the flow of blood to vital organs

POSSIBLE AFFECTS OF:

- Gum Disease
- Gingivitis
- Tooth Abscesses

We're on the web,
www.drdooleydental.com

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TOTAL CARE DENTISTRY



American Dental Association®
America's leading advocate for oral health

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SOURCES: Google Health; Medline Plus; WebMD.