

As of May 1, 2012, United Concordia will no longer be your insurance carrier for dental coverage. Metlife will offer Tricare coverage.



Rest assured, Dr. Dooley and our staff members are aware of the upcoming change and have been making preparations for the event for quite some time!

To maximize your benefits with United Concordia before the switch, we recommend you make sure you've had your regular visits and any fillings, crowns, or other work recommended performed **BEFORE APRIL 30, 2012**. This will minimize the likelihood of confusion between insurance companies and lessen the chance you will be responsible for what insurance *should* pay.

Dr. Dooley **WILL** be a Metlife provider starting May 1, meaning you can keep your dentist with no worries. If you have questions, check out our website for more details or call, 757-486-4880 anytime.

Review us on



At **Mary T. Dooley, DDS** we are always enthusiastic to be at your service.

One of the best kinds of compliments we can receive is a testimonial from you! Google Places is where most people search for local services online, and we'd love it if you can go on there and write a little something about us. It's a very simple form and will help us out tremendously in getting the word out there!

We really appreciate your support and thank you for being part of our family! Thank you for being part of our family!

X-rays and Brain Tumors Headline Misleading

A new study suggests people who had certain kinds of dental X-rays in the past may be at an increased risk for the most commonly diagnosed brain tumor in the U.S.

The findings cannot prove that radiation from the imaging caused the tumors, and the results are based on people who were likely exposed to higher levels of radiation during dental X-rays than most are today.

"It's likely that the exposure association we're seeing here is past exposure, and past exposure levels were much higher," said Dr. Elizabeth Claus, the study's lead author and a professor at the Yale School of Medicine in New Haven, Connecticut.

Here at Mary T. Dooley, DDS, we use digital x-rays, which require less exposure. With panoramic x-rays, we can treat wisdom teeth proactively, to prevent possible life-threatening infections. Every person is evaluated individually as to the frequency and type of x-rays they need to prevent infection and tooth loss. We follow the guidelines accepted by the American Dental Association (ADA), including the use of blankets to reduce exposure to other parts of the body.

The American Dental Association put out a statement noting that the interviews relied on participants' memories of how often they had different types of X-rays years earlier.

The statement added, "The ADA's long-standing position is that dentists should order dental X-rays for patients only when necessary for diagnosis and treatment. Since 1989, the ADA has published recommendations to help dentists ensure that radiation exposure is as low as reasonably achievable."



Just what is "National Prosthodontics Awareness Week" and why are we telling you about it? National Prosthodontics Awareness Week™ focuses on raising public awareness about the critical importance of a healthy mouth.

Dr. Dooley is a prosthodontist. Not only can she keep your teeth clean and healthy, but because of her extra and continuing education, she can provide expert care to patients considering replacing any number of missing teeth.

We have asked Virginia Beach Mayor William Sessoms to issue a proclamation in recognition of National Prosthodontics Awareness Week. We believe good care can help many people gain the confidence, pride, and personal satisfaction they need to succeed!

Help us spread the word! We have information you can share with someone you think could benefit, just ask!

Share Your News!

If you have an announcement or are extra proud of a recent or upcoming accomplishment, let us know and we could feature you and your smile, right here!

Share your pictures from that vacation of a lifetime, let us make a special graduation announcement for your child or grandchild! Everyone likes seeing their name in print, and yours could be seen in our next edition!

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