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## Home Care Instructions for a Temporary Crown/Restoration

A temporary **crown** is a restoration that is placed until the **permanent restoration** is made by the laboratory and is ready to be placed. The crown and/or bridge work that has been seated today is a temporary structure. Please wait until one to two hours before eating to ensure proper setting of the temporary cement.

It is normal for the gum around your tooth to be sore when the anesthesia wears off. This will disappear in a day or two. You may rinse with warm salt water to soothe area (1tsp salt in 8oz water).

Do your best to chew food on the opposite side until your next appointment. Chewing sticky or hard foods can sometimes dislodge the temporary.

This temporary serves a very important purpose. It protects the exposed dentin so it is not sensitive, prevents food and bacteria from gathering in the preparation, and prevents the prepared tooth from shifting and moving, making the seating of the permanent restoration more difficult. If your temporary comes off anytime before your next appointment, please call the office during our regular hours. If it is after normal business hours/weekend, you can go to your local drug store's dental aisle and purchase temporary dental cement, Fixodent or use small amount of Vaseline to place the crown back on the tooth until you can have us recement it in our office.

Use your toothbrush to clean the temporary as you normally do your other teeth. When you floss around the temporary, please pull the floss from the side of the tooth to avoid loosening the cement seal and pulling the temporary off.

Do not delay your crown seating appointment! It is very important the new crown be cemented in a timely manner. If you delay your seating appointment, the new crown may no longer fit properly and there will be a charge to remake it.

If your bite feels uneven, if you have persistent pain, or if you have any other questions about your temporary, please feel free to call us with any questions at 972-412-2828.