

Name \_\_\_\_\_

### Dental Treatment Anxiety Scale

We strive to make your experience in our office as pleasant as possible. In order for our staff and doctors to better handle any anxiety or concern you may have about having dental treatment: please take a few minutes to answer the following questions by circling your response on the graded scale.

1 not nervous or anxious -----to----- 5 very anxious or nervous.

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|---|--|
| 1. Entering a dental office                         | 1 ___ 2 ___ 3 ___ 4 ___ 5<br>not <span style="float: right;">very</span> |
| 2. Smell or odor of dental/medical environment      | 1 ___ 2 ___ 3 ___ 4 ___ 5  |
| 3. Sitting in the dental chair                      | 1 ___ 2 ___ 3 ___ 4 ___ 5  |
| 4. Having an injection of local anesthetic          | 1 ___ 2 ___ 3 ___ 4 ___ 5  |
| 5. Noise of drill or other instruments              | 1 ___ 2 ___ 3 ___ 4 ___ 5  |
| 6. Length of time in chair for work to be done      | 1 ___ 2 ___ 3 ___ 4 ___ 5  |
| 7. Lack of control over procedure or treatment      | 1 ___ 2 ___ 3 ___ 4 ___ 5  |
| 8. Concern that it will hurt while having work done | 1 ___ 2 ___ 3 ___ 4 ___ 5  |
| 9. Concern that you might get AIDS                  | 1 ___ 2 ___ 3 ___ 4 ___ 5  |
| 10. Embarrassed about present dental condition      | 1 ___ 2 ___ 3 ___ 4 ___ 5  |
| 11. Concern about paying for needed treatment       | 1 ___ 2 ___ 3 ___ 4 ___ 5  |
| 12. Other concerns you may have: _____              |  |
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