Directory

Nirat Beohar, MD, Director of the Cardiac Catheterization Lab, Mount Sinai Heart Institute

Dr. Kevin Berkowitz, DPM, FACFAS, Podiatry/Miami Beach Foot & Ankle Surgery

Jaime Ivan Flores, Aesthetic & Reconstructive Surgical Associates LLC

Ronda Fuchs, PsyD

Christian D. Gonzalez, MD, FIPP, Advanced Neuro Spine Institute

Laurence T. Huber, DDS, PA, Kendall Dental Associates

Gervasio Lamas, MD, Chief of Cardiology, Mount Sinai Heart Institute

Joseph Lamelas, MD, Chief of Cardiac Surgery, Mount Sinai Heart Institute

Dr. Janice Lima-Maribona, Bay Pointe Dermatology Cosmetic Center P.A.

Juan J. Rivera, MD, MHS, Director of Cardiovascular Prevention, Mount Sinai Hospital

Dr. Jila Senemar, Femcare OB/GYN

Mark Sinnreich, MD, FAAOS, Fellow, American Academy of Orthopedic Surgeons

Michelle M. Starke, MD, FACOG, FABAARM, Gynecology and Anti-Aging Medicine

For information on future editions of Miami's Best Doctors, contact Buffy Rappaport-Koczwar at 305.341.2790 or bkoczwar@modernluxury.com.

Miami’s Best Doctors is a special advertising supplement produced by MODERN LUXURY, publishers of MIAMI magazine.
Board certified in interventional cardiology, nuclear cardiology, CT angiography and cardiology, Dr. Beohar has extensive expertise in implanting catheter-delivered aortic valves and in treating complex coronary conditions, such as left main and multi-vessel disease, and chronic total occlusions. Dr. Beohar also has expertise with devices to close atrial septal defects, PFOs and intracardiac shunts.

For patients in cardiogenic shock, Dr. Beohar implants left ventricular assist devices, such as the Tandem heart and Impella. He also is skilled in transseptal catheterization, a technique used to access the left side of the heart to treat structural heart disease. Additionally, he has experience with percutaneous therapies for peripheral vascular disease.

Dr. Beohar also specializes in percutaneous therapies for mitral valve disease, including balloon mitral valvuloplasty and mitral valve clipping for severe mitral regurgitation and heart failure. He also specializes in percutaneous therapies to close the atrial appendage in patients who cannot tolerate Coumadin or other blood thinners.
Dr. Kevin Berkowitz, DPM, FACFAS

Podiatry/Miami Beach Foot & Ankle Surgery

Contact Information
Miami Beach Foot & Ankle Surgery
Mount Sinai Medical Center
4308 Alton Road, Suite 840
Miami Beach, FL 33140
305.695.7777
miamibeachfooturgery.com

Medical Degrees
Fellow, American College of Foot & Ankle Surgeons; Board Certified in Reconstructive Foot Surgery; Diplomate, American Board of Podiatric Surgery

Areas of Expertise
Cosmetic Foot & Ankle Surgery; Stem Cell Therapy; PRP (Growth Factor Therapy); Lower Extremity Trauma

Dr. Kevin Berkowitz is revered as the global leader in Stem Cell Therapeutics, Platelet Rich Plasma and Growth Factor Technologies related to the lower extremities. These procedures are cutting edge and provide an excellent alternative to surgery. Dr. Kevin Berkowitz is a master in the technique of Stem Cell and PRP injection. Clientele, including athletes and celebrities, fly in from all over the world for this groundbreaking and effective treatment.

The practice is comprised of the nation’s leading Foot & Ankle reconstructive and trauma surgeon, Dr. Allison Guyen. Dr. Guyen relocated from New York City and recently joined the practice. Dr. Olivera Jovic who trained at Mount Sinai Medical Center is their newest talent.

Visit their award-winning practice, and you will experience personalized attention and understand why their team is a step ahead of the rest.
Dr. Flores received a Bachelor of Sciences in Kinesiology while playing football for the Maryland Terrapins in 1993. After graduating from the University of Maryland Medical School in 1998, he completed a residency in Otolaryngology and a fellowship in Plastic and Reconstructive Surgery at Johns Hopkins in 2005. He immediately joined the faculty at Johns Hopkins as an assistant professor where he has excelled as a busy clinician and clinical researcher.

His practice spans the discipline of plastic and cosmetic surgery, but he has a particular interest in breast reconstruction as well as head and neck surgery.

Dr. Flores firmly believes in volunteering and donating his services to the world community. Dr. Flores was the surgical director for a medical missionary group before he and a group of his colleagues founded the Healing Hands Foundation (THHF), a not-for-profit foundation dedicated to delivering surgical care to underprivileged people around the world.

**Contact Information**
6200 Sunset Drive, Suite 604
South Miami, FL 33143
786.471.4299
drfloresplasticsurgery.com

**Board Certification**
American Board of Plastic Surgery

**Areas of Expertise**
Plastic Surgery for all microvascular and general reconstruction of the head and neck, breast, pelvic, and lower extremity; Abdominal wall reconstruction; Cosmetic surgery and rejuvenation
Dr. Ronda Fuchs’ therapeutic approach involves focusing on three critical components necessary for achieving balance and fulfillment: the mind, body and spirit. The goal is to determine the causes of problematic behaviors, to approach issues proactively and to develop healthy interpersonal relationships.

Dr. Fuchs has a PsyD from Nova Southeastern University in Clinical Psychology, completed a Post-Doctoral Fellowship at Sylvester Comprehensive Cancer Center and has a Bachelor of Science in Physical Therapy from Florida International University. She is a Mental Health Professional in the Collaborative Family Law Institute and is a member of Business Networking International. In addition to therapy, Dr. Fuchs lectures to businesses and schools on topics such as stress management and child safety. She is an active member in the community involved in Women of Tomorrow, Lotus House Shelter, Urgent Inc. and the Women’s Fund.
Christian D. Gonzalez, MD, FIPP
Advanced Neuro Spine Institute

Dr. Gonzalez stands as one of the most influential Latin American physicians trained at Harvard Medical School. He is the Past Division Chief at the University of Massachusetts and currently serves as the Vice President, and President elect, of the American Academy of Pain Management. To date, Dr. Gonzalez has been published in multiple journals, served as President/CEO of state level medical societies and is the founder of Partners Against Pain of America and the American Spine and Pain Foundation. To say the least, he likes to keep himself busy with his passion for medicine.

Patients suffering from back, neck, knee and shoulder pain have great outcomes due to his unique technical approach. He specializes in hard-to-treat conditions including Facial Pain, Complex Regional Pain Syndrome, Chronic Daily Headaches and Diabetic Peripheral Neuropathy. Dr. Gonzalez is actively involved in training domestic and international physicians on interventional pain medicine techniques. His research focuses on spinal cord neuromodulation and radio frequency ablation for back pain. If you are looking for someone with the knowledge and technical capacity to relieve your pain, we are sure Dr. Gonzalez will meet your needs.

Contact Information
21097 NE 27th Court,
Suite 540
Aventura, FL 33180
305.433.3025
advancedneurospine.com

Medical Degrees
Harvard Medical School and Baylor College of Medicine

Areas of Expertise
Spine, Pain Medicine and Wellness Care
For generations, Dr. Laurence T. Huber’s family has been involved in the art world. This legacy has given him a sharp eye for aesthetics, especially in the field of dentistry. Recently, the Consumer’s Research Council of America chose Dr. Huber as one of America’s Top Dentists. He is a member of the American Dental Association, American Academy of Cosmetic Dentistry and the American Academy of Implant Dentistry. But most importantly, his patients appreciate his gentle chair side manner and personal attention.

Dr. Huber continually keeps up to date in the latest developments in dentistry by incorporating new technologies and techniques into his practice. He believes that dentistry is a combination of biology, art, engineering and psychology. He combines these aspects in his cosmetic and comprehensive practice to serve the patients’ needs and their best interests.
Gervasio Lamas, MD
Chief of Cardiology, Mount Sinai Heart Institute

Dr. Lamas is an expert in the treatment and prevention of cardiovascular disease. Under his leadership, Mount Sinai has established the best heart attack survival rate in Florida. He is responsible for recruiting several world-renowned specialists in cardiology and electrophysiology to help strengthen Mount Sinai’s premier cardiac program in affiliation with New York’s Ivy League Columbia University.

Dr. Lamas maintains a clinical and academic practice. He was chairman of the Mode Selection Trial in Sinus Node Dysfunction, which revolutionized cardiac pacemakers. Dr. Lamas also was co-chairman for the Occluded Artery Trial, as well as the study chair for the Trial to Assess Chelation Therapy, a $30 million trial sponsored by the National Institutes of Health.

In addition to his role as chief of cardiology, Dr. Lamas is the chairman of medicine at Mount Sinai and a professor of clinical medicine at Columbia University. Dr. Lamas sees patients in Miami Beach, Key Biscayne, Coral Gables and Hialeah.

Contact Information
4300 Alton Road
Greenspan Building, Suite 2070-A
Miami Beach, FL 33140
305.674.2690
msmc.com

Medical Degrees
Internship & Residency, Brigham and Women’s Hospital of Harvard Medical School, Boston Massachusetts

Areas of Expertise
Cardiomyopathy; Heart Failure; Coronary Disease; Heart Disease Prevention; Diabetes and Heart Disease
Joseph Lamelas, MD
Chief of Cardiac Surgery, Mount Sinai Heart Institute

Contact Information
4300 Alton Road
Greenspan Building, Suite 2110
Miami Beach, FL 33140
305.674.2780
msmc.com

Medical Degrees
General Surgery Residency, Brooklyn Hospital Center, Brooklyn, New York; Cardiovascular & Thoracic Surgery Residency, State University of New York Health Science Center, Brooklyn, New York

Areas of Expertise
Minimally Invasive Cardiac and Thoracic Surgery; Minimally Invasive Valve Surgery

Board certified in cardiac and thoracic surgery, with additional certification in surgical critical care, Dr. Lamelas is a leading authority in cardiovascular and thoracic surgery. He has performed more than 2,000 minimally invasive cardiac procedures and more than 10,000 open-heart procedures in his career, and he consistently has one of the highest cardiac surgery survival rates in Florida and the United States.

Dr. Lamelas pioneered minimally invasive valve repair and replacement techniques that are proven to result in less surgical trauma and better long-term outcomes than traditional cardiac surgical procedures. As a result, patients experience fewer complications and enjoy a faster recovery than with traditional open-heart procedures. Dr. Lamelas trains surgeons from across the US and abroad to use his innovative surgical techniques. He also has participated in international operative surgical symposia and lectured nationally and internationally. Dr. Lamelas has published numerous articles and presented extensively on cardiac surgery and minimally invasive techniques, and he developed advanced surgical tools that are used by surgeons across the country.
The Coral Gables office of Dr. Janice Lima-Maribona offers a state-of-the-art facility where quality patient care and cutting-edge dermatology services are the main focus. Her facility, custom designed to meet the specifications of Dr. Lima-Maribona’s Bay Pointe Dermatology practice, is a tranquil setting, supporting the ultimate experience in patient relaxation with its soothing decor. “It is common knowledge that stress affects the skin, so we have created a relaxing environment that encourages peace of mind,” says Dr. Lima-Maribona. Her services include the treatment of scars, fine lines, wrinkles, skin discoloration, skin tightening and acne, as well as rosacea and melasma. In addition, her practice also focuses on body contour treatments, which include ultrasound guided fat reduction (Liposonix), and radiofrequency guided cellulite skin reduction/skin tightening with Accent XL. Dr. Lima-Maribona is an expert with laser skin procedures as well as FDA-approved fillers and neurotoxins including Botox, Dysport and Xeomin. She is a Board Certified dermatologist with 15 years of experience and is a Staff Physician at local Miami hospitals.
Dr. Juan J. Rivera is a board certified Internist and Cardiologist who specializes in the prevention, early detection and treatment of cardiovascular diseases. He graduated Magna Cum Laude from the University of Puerto Rico School of Medicine. Dr. Rivera then pursued an Internal Medicine internship and residency at the University of Texas Southwestern Medical Center. He was accepted at the prestigious Johns Hopkins University Hospital in Baltimore, Md., to do a combined cardiovascular disease fellowship and a master’s in cardiovascular epidemiology. During his years in Baltimore, he became a prolific researcher and won the Johns Hopkins Stanley Blumenthal Clinical Research Award. He has published numerous peer reviewed scientific articles in many of the cardiology journals. In May 2012, Dr. Rivera was named Director of Cardiovascular Prevention of Mount Sinai Hospital Miami Beach.

In February 2013, Dr. Rivera became the new Chief Medical Correspondent for Univision and participates in the national shows sharing his medical expertise. Follow Dr. Rivera on Twitter @drjuanjr.
Femcare OB/GYN believes that the doctor/patient relationship should consist of more than your annual visit. Dr. Senemar provides compassionate and individualized care and is committed to building a lifelong partnership in your good health. Dr. Senemar’s practice includes general obstetric and gynecological services as well as preconception counseling. She specializes in minimally invasive office procedures such as endometrial ablation and sterilization. In addition to the office procedures, Dr. Senemar performs robotic assisted laparoscopic gynecologic surgeries, such as hysterectomy, myomectomy and ovarian cystectomy cases. She is a highly skilled and knowledgeable robotic surgeon and has authored a chapter detailing such procedures in the new edition of the Textbook of Robotic Surgery, due out later this year. The caring and compassionate team at Femcare OB/GYN, including Geoffrey James, MD, Jason James, MD, Jila Senemar, MD, and Pamela Graham, NP, works together to provide superior care, attention to detail and excellent service.

Dr. Jila Senemar
Femcare OB/GYN

**Contact Information**
7800 SW 87th Ave.,
Suite A-120
Miami, FL 33173
305.412.6004
femcare-obgyn.com

**Medical Degrees**
Jila Senemar, MD, is board certified by the American Board of Obstetrics and Gynecology

**Areas of Expertise**
Obstetrics and Gynecology, minimally invasive gynecologic procedures, robotic gynecologic procedures
Mark Sinnreich, MD, FAAOS
Fellow, American Academy of Orthopedic Surgeons

Dr. Sinnreich is a highly accomplished Orthopedic Surgeon with more than 30 years of experience and knowledge in his specialty. His practice, Extremity Preservation, focuses on hips, knees, shoulders and extremities while specializing in minimally invasive hip and knee replacements. He is exceptionally skilled in the latest techniques of injectable cellular augmentation with PRP and growth factors using diagnostic ultrasound. These techniques have been proven to help treat Rotator Cuff tendonitis, Golf and Tennis elbow, Achilles tendonitis, shoulder, elbow and knee pain.

Along with an experienced registered nurse and a professional staff, Dr. Sinnreich’s office takes pride in providing quality, professional care in a friendly and relaxing atmosphere, emphasizing on the company’s motto, “The patient always comes first.” Extremity Preservation makes their best effort to value your schedule and time.
Dr. Starke is recognized as an expert in the field of hormone replacement therapy. She has studied and understands that hormone balance and replacement are crucial to achieving and maintaining optimal health. “We age because our hormones decline, not that our hormones decline because we age,” says Dr. Starke. She believes that hormone balance is achievable with the help of vitamins and nutritional support. Dr. Starke practices functional medicine, which aims to treat the cause of the disease and not just the symptoms. She offers a personalized approach to each patient’s health and wellness. The motto of Dr. Starke’s practice is: “It is time to feel good again!”

**Contact Information**
The Center for Gynecology and Restorative Medicine
135 San Lorenzo Ave., Suite 550
Coral Gables, FL 33146
305.665.8188
drstarkemiami.com

**Medical Degrees**
MD, The University of Maryland in Baltimore;
Board-Certified in Obstetrics and Gynecology

**Areas of Expertise**
Gynecology and wellness; Anti-aging and regenerative medicine