Preoperative instructions for Implants or Bone grafting

Prior to implant placement or bone grafting, your doctor may prescribe medication to prepare you for your surgery. The idea is to minimize oral bacterial load and minimize the chance of postoperative infection, and possible failure of implant integration and/or bone graft failure.

1. Peridex Mouth Rinse:
   - This should be started 4-5 days prior to surgery, and continued for a week postoperatively.
   - Rinse your mouth in the morning when you wake up, after each meal, and before bedtime.
   - The correct way to use peridex would be to brush your teeth as usual, then swish 1 tablespoon of peridex (chlorhexidine) for 2 full minutes, then expectorate or spit into the sink.
   - Peridex mouth rinse should be mixed 50/50 with water.

2. Antibiotics:
   - If antibiotics are prescribed, these should be started 48 hours prior to your surgical appointment and continued after surgery until your prescription is finished.
   - Failure to take antibiotics regularly and to the end of the prescriptions could cause resistant infection, which can fail to respond to future antibiotic prescriptions.

3. Pain Medication:
   - Pain medication should be taken prior to anesthetic or freezing from wearing off (usually approx. 30 minutes after surgery). You can take a 600mg ibuprofen (motrin, or advil) 2-4 hours prior to your appointment.
   - Narcotics like Tylenol #3 and Percocet, if prescribed, should be taken initially usually for 2-3 days after surgery, than used less frequently over the course of your healing. Narcotics have side effects such as constipation, urinary retention, nausea, vomiting, and also addiction. If pain cannot be managed with ibuprofen or other non-narcotics, then narcotics are indicated.

If you experience any problems or have questions please feel free to call the office.