

Directions from the West (e.g. Cochrane)

East on the TransCanada Highway to Sarcee Trail  
Head South on Sarcee Trail, past West Hills Shopping Centre  
The road will curve (east) and become Glenmore Trail

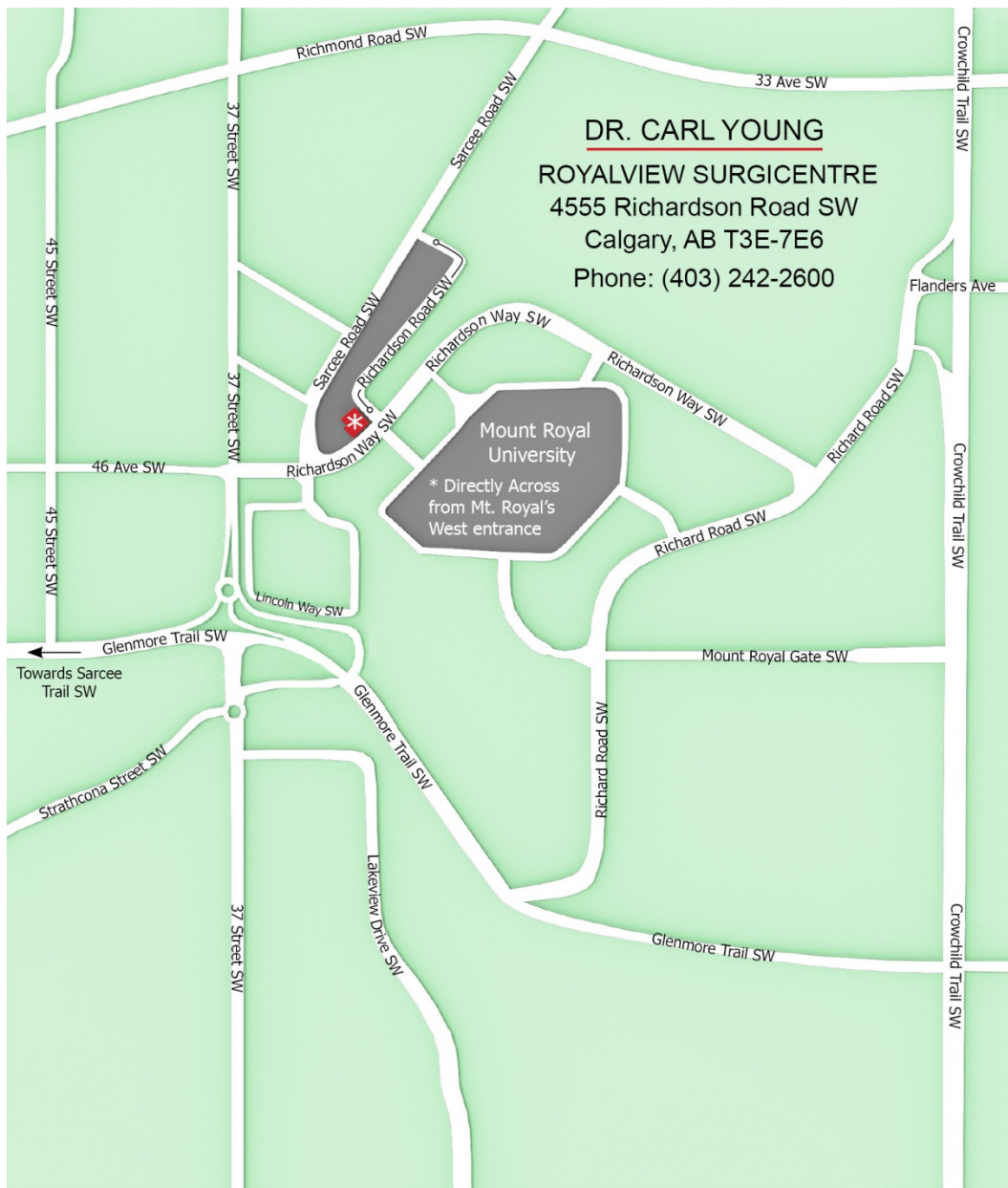
Exit to the right (south) on 37<sup>th</sup> street

37<sup>th</sup> Street Interchange **follow the signs to 37<sup>th</sup> street North**. This will take you around 1 traffic circle, the connector bridge and another traffic circle – please see the blowup map.

Head North on 37<sup>th</sup> Street

Right at the 1<sup>st</sup> set of lights (at the PetroCanada, onto Richardson Way SW)

Take the second left (at the 4 way traffic lights onto Richardson Road) – we are the nice Stucco building with clay tiles across from Mount Royal University.





**Mount Royal  
University**

\* Directly across from Mt. Royal's  
West Entrance

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