John R. Linstrom, D.D.S., emphasizes a preventive approach using the dental microscope

A Medford dentist for 12 years, Dr. John Linstrom recently delivered a lecture at his alma mater—the UCLA School of Dentistry—on the application of microscope-enhanced dentistry in a general dentistry practice. His lecture was attended by dentists from throughout the country. Dr. Linstrom has been using a microscope since 2002, and in fact, endodontic graduate-level programs have required their students to be proficient in microscope usage for root canal procedures since 1998.

What is unique in Dr. Linstrom’s practice, is not only his use of the microscope for clinical accuracy in dental treatment, but also its aid as a diagnostic and educational tool allowing patients to become integral partners in attaining their oral health goals. “Our goal is for you to keep all of your teeth . . . for the rest of your life. Most of the time this is possible,” he states.

Historically, dentistry has been symptom-based; the microscope is key to preventive-based dentistry, helping the dentist to identify a problem before the patient experiences discomfort or runs out of options. New patients to the practice, missing a tooth, often have told Dr. Linstrom that they wish the problem had been detected sooner so that they could have saved the tooth. Dr. Linstrom explains, “Many times I find that the microscope, because of its high resolution, allows for early detection of decay and structural cracks that we cannot see with traditional magnification, or loupes.” Magnifying a tooth 16x allows Dr. Linstrom to distinguish between superficial versus structural cracks, and stain versus decay. He also uses smaller dental instruments to create more precise, and more beautiful restorations. The best tooth is a natural tooth with a healthy root, followed by a tooth with the smallest restoration possible.

Dr. Linstrom’s patients say they appreciate his enthusiasm, his individualized care and his thorough treatment.

“If you would like to become his patient, please call to schedule an appointment today.