

Anesthesia Information Sheet

NPO Status: You should have nothing by mouth after 12:00 midnight on the night prior to your procedure. Do not chew gum the morning prior to your procedure. An exception to this rule is that you may have a sip of water with your normal morning daily medications or any that your dentist has prescribed for you preceding your dental procedure.

Medications I take: You should take your usual medication the morning of surgery as prescribed. Two notable exceptions are those medications for **Diabetes** and those for **Anticoagulation**. Please call your dentist's office to ask about your medications prior to the day of your procedure if you have any questions as to which ones to take. Your dentist will also have some recommendations regarding your medications when he schedules your procedure. Please discuss this with him.

Intravenous Medication: The medications will be given with an IV shortly after arriving to help you relax throughout the procedure. Please wear loose (preferable button up) and comfortable clothing to allow room for monitors during the procedure. Your doctor is very good at placing this in your arm with minimal discomfort and local anesthetic is used to make it more comfortable.

Monitored Anesthesia Care: (MAC) This term describes the presence of monitors and supportive care taking place while the dental procedures are being done under local anesthetic. MAC involves the administration of various drugs for the purpose of making you drowsy, unaware, relaxed, comfortable, and less anxious.

Social Considerations: You should meet certain criteria before undergoing sedation and Monitored Anesthesia Care. Medications you receive may impair your ability to drive and make appropriate decisions afterwards. Do not enter into any contract or legally binding agreements for 24 hours! Do not drive or operate any potentially dangerous equipment for 24 hours.

