

Informed Consent for Botox Injections

Botox therapy for wrinkles is an injection treatment designed to reduce facial expression lines. Botox is the trade name for botulinum purified protein complex. When tiny amounts of Botox are injected into the facial muscles responsible for movement, those lines that are wrinkles directly associated with this muscle movement are diminished by weakening of the muscle. Thus, Botox therapy works best for “dynamic” lines and wrinkles, and is less effective for fine textural changes on the skin surface, and for those lines present at rest.

Botox therapy is temporary, meaning it will have to be repeated on a regular basis to remain effective. An average response is 3 to 6 months of diminished muscle contraction, although there have been reports of more than 6 months of efficacy following a single injection. Individual responses may be longer or shorter depending on the degree of skin sun damage, depth of the lines, the size of the muscles, and the amount of Botox used in the injection. After a Botox injection, the effect gradually begins over several days and is not complete for two weeks, and sometimes longer. The effects of Botox therapy often become longer after repeated injections. Botox therapy may be combined with other cosmetic facial procedures such as photorejuvenation, microdermabrasion, and filler injections to enhance the appearance.

For maximal results it is recommended that after receiving Botox you do not vigorously rub or massage the treated area for 2 hours. You should actively contract the treated muscles (for example, frown or grimace) to increase the response of the Botox for two hours following the treatment.

There is no known permanent side effect of Botox therapy for wrinkles. Botox therapy has been used for wrinkles since 1987, and is considered an extremely safe procedure by doctors. There are several temporary side effects which include pain and possible bruising at the injection site; transient muscle twitching with muscle asymmetry which can be treated with touchup injections; and transient numbness. Less than 1% of patients receiving Botox can experience temporary eyebrow or eyelid drooping and/or double vision if the Botox affects the muscles which move the eye and eyelid. This effect usually only lasts up to four weeks. Some patients may be less sensitive to Botox, and the therapy will not work as well for them as expected. Contraindications to Botox therapy include pregnancy, breastfeeding, active skin infection in the treated area, neurological diseases like myasthenia gravis, and the drug penicillamine. Alternatives to Botox therapy include no treatment, topical creams, chemical peels, chemical and laser peels, photorejuvenation, or a surgical face, or eyelid lift.

Payment at time of service is requested. The price of Botox therapy depends on the amount of Botox injected, which varies from person to person. You may request a price quote prior to treatment which will consist of an estimated range of the cost for the site that you wish to be treated.

By signing below, I agree that I have read and understand the above information. My questions have been fully answered to my satisfaction, and I have made an informed decision to treat my wrinkles and lines with Botox therapy. I understand the practice of Botox therapy for wrinkles and lines is not an exact science, and that results cannot be guaranteed.

Name (please print)

Date

Signature

Witness